



## *Love Lives On*

*"It's hard to turn the page when you know someone won't  
be in the next chapter, but the story must go on."*

*-Thomas Wilder-*

**Feeling sad, like you can't see the next chapter or  
write it without your loved one?**

**ShowMeHope** is a **FREE** and **CONFIDENTIAL**  
crisis counseling program in response to a disaster or critical event in  
one's life. Counselors are available in your community to listen and talk  
with you during bereavement. Coping skills are available as you may ex-  
perience anxiety, stress, and uncertainty caused by the loss of your loved  
one.

Various resources are available through ShowMeHope Missouri.

Call or Text: 1-800-985-5990  
Website: [moshowmehope.org](http://moshowmehope.org)

**SHOW-ME**  
**HOPE**  
**MISSOURI**